VTTA oooo 15 MILES NATIONAL CHAMPIONSHIP



Saturday 16th April 2022

Organised by VTTA Manchester & North West Group

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations



VETERANS TIME TRIALS ASSOCIATION MANCHESTER & NW GROUP Present the

VTTA 15 Miles National Championship Saturday 16th April 2022 at 14:00 Course J15e

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Event Secretary

Tony Farrell Lealtad Brookledge Lane

Adlington Cheshire

SK10 4JU Home No: 01625 820210

Mob: 07901 528646

Timekeepers

Start - Tony Millington Finish - Martin Jackson

VTTA NEC Representative

Mike Penrice (Yorkshire Group)

CHAMPIONSHIP AWARDS (ALL ON VETS' HANDICAP)					
First solo man and woman	Gold medals, champion's jerseys & caps				
Second solo man and woman	Silver medals				
Third solo man and woman	Bronze medals				
Club team of three (mixed)	Gold medals				
Group team of three (mixed)	Gold medals				

TO BE ELIGIBLE FOR CHAMPIONSHIP AWARDS RIDERS MUST BE VTTA MEMBERS AT THE CLOSING DATE (VTTA REGULATION 3.4.2)

EVENT AWARDS					
Fastest vet actual time - man and woman	Engraved glassware				
First local solo man and woman(VH)	Engraved glassware				
First local team of three riders(VH)	Engraved glassware				
Fastest local man and woman	Engraved glassware				

RIDER'S NOTES

COVID-19 GENERAL INSTRUCTIONS

If you are feeling unwell in any way (continuous cough, high temperature and/or loss or change in normal sense of taste or smell, elevated resting heart rate) please do not attend the event.

Whilst no longer mandatory please maintain social distancing when possible, whether riding, officiating or spectating.

HEADQUARTERS

The headquarters is at Allostock Village Hall Chapel Lane Knutsford WA16 9LP

There is a large grassed car park as you enter the Hall area, please park considerately so as to maximise use of available parking.

Please, do not park on the access road prior to the entrance to the Hall.

There are no changing facilities so please arrive ready to race or be discreet if changing in your car.

Good quality refreshments will be available with donations going to the **Ukranian Relief Charity.**

Vouchers will be provided to riders and event helpers for a tea or a coffee.

Face masks and social distancing are now self choice in all areas.

SIGNING ON AND OFF

Numbers will be available at the event headquarters.

Safety pins will be available for those needing them. Please also bring your own pen for signing.

It is compulsory for all riders to sign on AND sign back off again afterwards. When returning your number and signing out you will be issued with the tea/coffee voucher.

Do not forget to sign back out or you may be disqualified from the event.

GETTING TO THE START

To get to the start:

Return to the A50 and turn left.

The start is approximately 4 miles along the A50 and there will be direction signs on the route. Please do not perform a U turn to join the start line. Doing so will incur a disqualification.

On finishing, carry on to the traffic island approximately 400 yards further on. Take first left to the A50 then left and proceed back to the HQ.

Be aware that there will be riders still racing, please do not ride two abreast on your return.

SAFETY AND LOCAL REGULATIONS

- Only official cars are allowed at or in the vicinity of the start and finish.
- No U turns near the start. Do not pass the start time keeper other than to start your
 ride. Once at the start wait behind the timekeeper until being called to start. Do not
 obstruct the roadway, there is a large waiting area.
- Riders are advised that the CTT district committee may discipline any rider who is reported for riding or behaving in an unsafe manner or who contravenes local regulations.
- Please note that the marshals will only indicate your direction and cannot control traffic in your favour. At each junction it is your responsibility to ensure that it is safe to proceed. Keep your head up and keep to the left of the carriageway.

Cycling Time Trials now require that all riders must wear a hard shell helmet that meets an internationally accepted safety standard. (CTT regulation 15)

Working rear and front lights, either flashing or constant, must be fitted to machines in a position visible to road users and must be active whilst the machine is in use. (CTT regulations 14(i) and 14(j))

RESULTS AND PRESENTATION

There will be a results display at the HQ. Final results will be published as soon as possible on the CTT and VTTA websites and as a downloadable result sheet.

We are now permitted to have a prize presentation after the event. Champion's jerseys, caps and medals (and other goodies) will be formally presented by Mike Penrice, VTTA NEC representative. Mike is the editor of the VTTA magazine, "The Veteran", take the opportunity to give him some feedback on his efforts.

There will be a spot prize for riders finishing in positions 17th, 39th and lanterne rouge. The names of all the support staff will also be put in a raffle for five prizes.

The presentation will be in the Hall at approximately 4.15 pm.

Medals for the presentation ceremony are strictly for that purpose only and should be returned immediately; actual medals will presented at AGM in January 2023.

PHOTOGRAPHY

Kimroy Photography will be attending the event and photographs can be viewed and purchased from https://www.kimroy-photography.co.uk/

THE MATHS

Vets results will be calculated using the newly introduced vets' age handicap system; this is simpler than the traditional standards and pluses system and results in exactly the same award winners.

ACTUAL TIME minus VETS AGE HANDICAP (VAH) allowance equals VETS HANDICAP RESULT (VHR)

COURSE DETAILS

	Split	Total	
Start			
Level with the southernmost tree in a layby 300yds south-east of Seven Sisters Lane on A50. Proceed south-east along A50 to:-			
<u>Tremlow Lane, Cranage</u>	4.719m	4.719m	
Left along Twemlow Lane to:-	4.7 1 9111	4.7 19111	
Twemlow Green/A535	2.034m	6.753m	
Left along A535 to:-	2.034111	0.755111	
Chelford Island		11.371	
2nd exit left on the A537 to:-	4.618m	m	
<u>Finish</u>		15.000	
At a grid on A537, 200 yards beyond a bus laby at the start of the straight to Booths Hall Island.	3.629m	15.000 m	

NOTES

- 1. No parking at the start or finish apart from timekeepers.
- Take care approaching entrance to Bidlea Farm on Twemlow Lane.
- Ensure hands are off the tribars whilst negotiating Chelford Island.
- 4. Riders must not stop at the finish but continue to follow directions to the even HQ, where their times will be displayed.





ORDER OF START

No.	Start time	Name	Club	Group	Gdr	Age	VAH
1	14:01	Derek Hodgins	Stockport Clarion	M&NW	М	88	13:08
2	14:02	Edgar Reynolds	Born to Bike	M&NW	М	73	05:47
3	14:03	Jan Scotchford	North Lancs RC	NL&L	F	55	05:45
4	14:04	Denis Thompson	West Pennine RC	NL&L	М	71	05:11
5	14:05	Lynsey Astles	Congleton CC	M&NW	F	45	04:18
6	14:06	Alan Shuttleworth	Weaver Valley	M&NW	MT	75	09:56
7	14:07	Keith Nield	Chester RC	M'side	М	79	08:01
8	14:08	John Verbickas	Seamons CC	M&NW	М	76	06:49
9	14:09	Paula Fisher	Born to Bike	Yorks	F	64	07:33
10	14:10	Jonathan Mills- Keeling	Bridgnorth CC	M'side	М	49	01:01
11	14:11	Vic Trigger	Crewe Clarion	M&NW	MT	76	10:20
12	14:12	Derek Black	Wigan Wh	NL&L	М	73	05:47
13	14:13	Nev Ashman	Manchester Velo	M&NW	М	83	09:57
14	14:14	Greg Dancer	Stone Wh	E Mids	М	68	04:22
15	14:15	Tony Ball	Legato RT	L&HC	М	53	01:32
16	14:16	Kerry Gleave	Congleton CC	M&NW	F	57	06:06
17	14:17	John Leach	Rossendale RC	NL&L	М	77	07:11
18	14:18	William Renard	Macclesfield Wh	M&NW	М	74	06:07
19	14:19	Stephen Turner	Westmead Team 88	M&NW	М	62	03:02
20	14:20	Ady Dench	Team Sheffield	N Mids	М	53	01:32
21	14:21	Alison Stephenson	Congleton CC	M&NW	F	52	05:16
22	14:22	Sally Cunliffe	Ruthin CC		F	65	n/a
23	14:23	Paul Targett	Holcombe Harriers		М	57	n/a
24	14:24	Mick Hutchins	Congleton CC	M&NW	М	47	00:46
25	14:25	Malcolm Horner	Warrington RC	M&NW	М	58	02:18
26	14:26	Phil Wright	Hartlepool CC	North	М	67	04:07
27	14:27	Jayne Dickens	Pro Vision RC	M&NW	F	53	05:25
28	14:28	Daryl May	Shefrec CC	N Mids	М	48	00:53
29	14:29	Mike Walker	Nantwich CG	M&NW	М	43	00:19
30	14:30	Ed Moss	Beacon Roads	Mids	М	51	01:16

No.	Start time	Name	Club	Group	Gdr	Age	VAH
31	14:31	Deborah Moss	Team Merlin	NL&L	F	51	05:07
32	14:32	Ian Peacock	Leek CC	M&NW	М	69	04:37
33	14:33	David Wright	Warrington RC	M&NW	М	63	03:14
34	14:34	Gordon Wordsworth	Rutland CC	N Mids	М	69	04:37
35	14:35	Matt Stell	Springfield Finc'l RT	NL&L	М	44	00:26
36	14:36	Paul Basson	ABC Centreville	M&NW	М	50	01:08
37	14:37	John Robertson	Pocomotion RC	M'side	М	67	04:07
38	14:38	Deb Hutson- Lumb	Wrekinsport RC	M'side	F	57	06:06
39	14:39	Richard Shaw	Seamons CC		М	53	n/a
40	14:40	David Williams	Velotik RT	M'side	М	43	00:19
41	14:41	Ian Holbrook	Stone Wh	M&NW	М	53	01:32
42	14:42	Theresa Taylor	Springfield Finc'l RT	NL&L	F	62	07:06
43	14:43	Warren Giddins	Warrington RC	M&NW	М	59	02:28
44	14:44	Mark Jones	Bury Clarion	M&NW	М	44	00:26
45	14:45	Mike Twelves	Team Ohten Aveas	E Mids	М	58	02:18
46	14:46	Randle Shenton	Legato RT	Scot	М	64	03:26
47	14:47	Sarah Lewthwaite	Born to Bike	Yorks	F	48	04:41
48	14:48	Paul Robinson	Lyme RC		М	58	02:18
49	14:49	Jon Lloyd	Westmead Team 88	M&NW	М	54	01:41
50	14:50	Andrew Whiteside	Springfield Finc'l RT	NL&L	М	48	00:53
51	14:51	Andrew Simpkins	Team Echelon	Mids	М	68	04:22
52	14:52	Lucy Rogers	Congleton CC		F	53	n/a
53	14:53	Simon Horsley	Legato RT	NL&L	М	57	02:08
54	14:54	Jeff Upton	Stockport Tri		М	58	n/a
55	14:55	Adrian Hughes	Seamons CC	M&NW	М	54	01:41
56	14:56	Joanna Cebrat	Bury Clarion	M&NW	F	42	03:56
57	14:57	Derek Schofield	Rossendale RC		М	68	n/a
58	14:58	Steven Hankey	Warrington RC	M&NW*	М	49	01:01
59	14:59	Nigel Finch	Mercia CC	E Mids	М	67	04:07
60	15:00	Alan Chorley	Seamons CC	M&NW	М	50	01:08
61	15:01	Kevin Wood	Sherwood CC	E Mids	М	60	02:39

No.	Start time	Name	Club	Group	Gdr	Age	VAH
62	15:02	Wayne Smith	Team Ohten Aveas	E Mids	М	54	01:41
63	15:03	Tim Smith	Westmead Team 88	M&NW	М	47	00:46
64	15:04	Joseph Costello	Walsall RCC	Mids	М	63	03:14
65	15:05	Tim Beardmore	Bridgnorth CC	M'side	М	50	01:08
66	15:06	Steven Lorraine	Legato RT	Mids	М	65	03:39
67	15:07	Peter Jackson	Macclesfield Wh	M&NW	М	64	03:26
68	15:08	Simon Inman	OVB	E Mids*	М	49	01:01
69	15:09	Paul Russell	Springfield Finc'l	NL&L	М	55	01:50
70	15:10	Keith Ainsworth	Lindsey RCC	N Mids	М	63	03:14
71	15:11	Daryl Stroud	Gloucester City CC	West	М	57	02:08
72	15:12	Philip Wood	Macclesfield Wh		М	54	01:41
73	15:13	David Fox	Warrington RC	M&NW	М	59	02:28
74	15:14	Steve Gibson	Peak RC	N Mids	М	55	01:50
75	15:15	Richard Oakes	Team Ohten Aveas	E Mids	М	53	01:32
76	15:16	Angela Carpenter	a3crg	Wssx	F	53	05:25

AND FINALLY.....

The organisers apologise for late issue of this race information and for the long ride to the start and from the finish. This was caused by road works on the intended course and the consequent need to devise and measure an alternative.

Ten of new style VTTA gilets will be on sale in the Hall and orders taken for more.

Extra bottles and VTTA decals may be available for purchase on the day.

And finally, my thanks to Mike Cotgreave for organising the marshals and to the marshals for giving their time.

Thanks to the people who have cooked and donated the refreshments and for catering to all and sundry

Thanks to you the riders for entering this event.

Grateful thanks to Mike Penrice for his support and guidance in producing the programme and the very different front page. Mike insisted he would come across to the Dark Side of the Pennines to make the presentation.

Hoping for good weather, safe rides, and a generally enjoyable day.

Good luck to the riders...